

Sauna instructions

For general comfort, please also consider the following when using the sauna:

During the sauna

- We recommend using of a tablecloth for hygiene reasons.
- It is important to keep the sauna benches clean. Unnecessary watering of the benches will shorten their lifetime and promote possible fungal growth.
- Using warm bathing water prolongs the life of the stove stones.
- The heater thermostat can only be adjusted by a service technician or property manager.
- Due to fragrance sensitivities, leave the use of scents and creams, foot treatments and hair colouring at home.
- For allergy and hygiene reasons, please leave your pets at home.
- Please do not smoke or burn candles in the sauna rooms or corridors.

After the sauna

- Please remember to leave the sauna when your turn is over, so that your neighbours can enjoy sauna, too.
- When you leave, please check that there are no flammable objects on or near the stove.
- Please clean up after yourself. Rinse the washroom, turn off the taps, and check that there are no stinky things left in the bin, such as sanitary towels, nappies or food scraps.
- Turn off the lights and close the doors and windows before leaving.

Thank you for your cooperation and have a relaxing sauna!

